

Week beginning 17th September 2017

# Ephesians

## Welcome

You've been given access to a time machine. Where and when would you travel to?



15 mins 17/9

## Worship

Read Psalm 33 together if possible and pray for any areas of the world in particular need.  
Sing some songs.



20 mins 17/9

## Word

### Ephesians 4:17-32



Paul continues to unpack what it means for his readers to live a life worthy of their calling.

How does Paul contrast the life of the *Gentile* unbeliever with that of a true believer?

What are the effects of the *Gentiles'* hardness of heart (v18)?

What do you think it means to put off the old self (v22)?

How do your attitudes affect the way you live?

How do the instructions in v25-32 show the importance of healthy communication in promoting unity in the church?

How do you usually deal with anger?

What practical steps can we take to cultivate the positive attitudes in these verses and avoid the negative?

45 mins 17/9

## Witness

Continue to pray for the new Alpha course and for those attending.



10 mins 17/9