

Week beginning February 1st 2021



St Barnabas  
making disciples for life

## Walking through Covid with Job

### Welcome

In Job Ch 29 we read how Job looked back to better days. As we look *forward* to better days, what is the one thing you are most longing to do once restrictions allow?



### Worship

As the Word study below ends with a time of worship you might like to begin with just a short time of opening prayer.



### Word

1. Read Ch 29:1-6 How can past experiences of being close to God and knowing his blessing help us at times when he feels distant?
2. Read Ch 42: 7-9 What in your opinion does Job get right? Why does God commend him? What can we learn?
3. Ch 42:4-6 Given we know that Job's suffering is not a direct result of something that he has done wrong, why do you think he repents?
4. Ch 29:20-24 How honest are you with God when you pray - honestly!? How honest are you with others when prayer is hard and faith a struggle? Can Job help us?
5. Lament are prayers in the bible which express sorrow, disappointment, anger and other deep emotions. They encourage us not to bury or run from our pain but to sit with it. Through lamenting we discover that God is with us and transforms our brokenness.  
Use the pattern of lament found in Psalm 10 to prayer together:  
a) vs 1 Question: *Why Lord?* b) vs 1 Complaint: *Why do you hide yourself in time of trouble!* c) vs 12-15 Request: *Arise Lord, lift up your hand, do not forget the helpless* d) vs 16-18 Praise and Trust - *The Lord is King*



### Witness

Spend some time in the next couple of weeks reading some of Job using it as a basis to shape your own prayers of lament for yourself, others or the world to God.



You might also like to use the attached prayer—'Bowl of Tears'